# The End-of-Day Kitchen Reset

Ten minutes tonight, collected the moment you walk in tomorrow. In the order that takes least effort.

> Do it when the last person finishes eating, not when you are about to go to bed. The routine that happens at 8pm survives; the one scheduled for 11pm does not.

## THE ORDER, WHICH MATTERS

- [ ] Clear table and worktops of what does not live there
- [ ] Load or wash the dishes, including that pan
- [ ] Wipe the worktops, quick now they are clear
- [ ] Wipe the hob, then the sink last
- [ ] Run the dishwasher even if not quite full
- [ ] Set out anything tomorrow needs

## ONE WEEKLY EXTRA, ROTATING

- [ ] Wipe cupboard fronts, especially around handles
- [ ] Clean the microwave interior properly
- [ ] Pull out the bin, clean underneath
- [ ] Wipe the fridge door and handle
- [ ] Clear anything expired from the fridge

## IF THE KITCHEN IS CURRENTLY A DISASTER

- [ ] Rubbish bag first
- [ ] Dishes into the sink
- [ ] One worktop clear
- [ ] Start the nightly reset tomorrow from there

## NOTES



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